

Careers Committee

Advancement and Career Tour



Job Descriptions:

Name: Limbu Lonil
BWFLC: 2010 - 2016
Technological and Higher Education Institute of Hong Kong: 2016 - 2020
Subject: Bachelor of Social Science (Honors) in Sports and Recreation Management
Current company: Handball Association of Hong Kong, China
Currently job title: Sports Organizer Trainee
Job experiences: 2 years with part time + full time (administrative duties)



I am responsible for assisting sports organizer in organizing sports programs, checking the venues and performing administrative duties like data entry. Sometimes, I need to execute ad hoc tasks given by the supervisor too. If you are interested in sports management and want to work in this industry, you should choose majors that are related to sports. You can choose degree courses or higher diploma courses according to your results. It is recommendable to apply for a degree course after completing a higher diploma as you may have a higher chance to be admitted.

Words for students:

When I was studying in BWFLC, I worried a lot about my grades and future. When I look back now, there is nothing I should worry about. The reason for being doubtful about oneself is because of constant homework and exams. Also, if you stop comparing yourself with others, you will feel less stressed. Remember to have a good time management in your studies, extra-curricular activities and friendship. As you know time management is the key during further studies and work.

There is a misconception that DSE results determine your future. Even if you have an unsatisfactory result in DSE, there are tremendous opportunities for you to pave your way to universities in Hong Kong. Don't be afraid to start everything from the scratch because people will probably only see the end product. Some students are probably thinking about future jobs. Seeking a job that suits you the most is a strenuous task. You don't have to choose the job that you major in. The solution to that problem is to do something that you enjoy doing.

Personally, I had trouble with my future as I was not sure whether to work on the field that I majored in or do others. I cleared up my mind when I had a part time job, which helped me understand what I really like and dislike about the job. My work experience isn't very long but it shaped my thoughts on working in the sports management industry which I wasn't sure what I would be doing at first. Companies require their job applicants to have certain job experiences, so having a part time job in the industries that you are interested in might give you and your CV a boost. Best of luck.



Job Shadowing Programme

Caritas Community Centre - Kowloon & Rider Levett Bucknall Limited

6A Francine

What did we do in Caritas Community Centre?

When I entered the program, I didn't know what to expect. My friend Anupama, and I predicted there would be students like us who had an interest and passion for art and may or may not want to pursue than just a hobby, in the first activity, the students with different ages were divided into groups of three to four. The instructor gave us different roles and instructions throughout the program one by one with the same rule: teaching. We had to, one by one, went to the instructor and followed her demonstration to show and teach our other groupmates, by teamwork, mutual understanding and support. In the end, we have learnt valuable experiences on how to teach and have varieties in spreading learning experiences with others.

What have we learnt?

After finishing the first activity, we introduced how we loved art and learnt from other people that if art is something we wish to pursue, we must have the following principles: Value, Awareness, Creativity and Drive, these all help us not only in pursuing arts as a career but the career itself, in life experiences and morals. Therefore, the program was very inspiring and innovative, as well as interactive. Then, helping us understand our dreams and how everyone can make it possible, if we believe and have hope in ourselves.



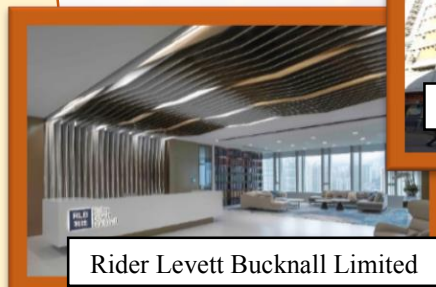
Anupama(left) & Francine(right)

6A Anupama

During the activity held in Caritas Community Centre, I have learnt a lot about how to communicate and tackle problems with my peers. We had to show and teach each other how to do different tasks and along the way, we also learned a lot about different art courses we can take in college and different careers you can choose. Overall, it was a great experience and I loved how friendly and cooperative everyone was and how they tried their best when they were doing the tasks. I had a lot of fun during the activity and have met a lot of wonderful people, I would definitely love to join again.

6A Arshdeep

I really liked the visit to the Rider Levett Bucknall Limited and I have learnt a lot about this new work profession since I didn't know about surveys before so it was completely new to me. We were really mesmerized with the company as we had a briefing about what they do, like designing the structure of the building and calculating the price and the different architectural projects that they have to work really hard as a team. I think their work is very professional but very tough. At the end, we were able to get a tour. When we were walking around the workplace, we saw many employees working very hard. The employees were constantly on their desktops and made phone calls. They also have a lot of paperwork around their tables and two big computers on each desk. Moreover, the environment of the place was very nice, we saw the facilities where they work like the IT room, meeting rooms, the director's office, etc. They also have a relaxing area for them to relax when they are tired. They have coffee machines and a beautiful view near the sitting area for the workers, therefore it is very good for the workers. Overall, the experience was great and interesting.



Rider Levett Bucknall Limited



Caritas Community Centre



Arshdeep (right)